

The Good News

Resolutions—Keep It Simple

January 1st is just another day. And yet it manages to give us a sense of a new beginning. Maybe because we throw away the old calendars and start with a fresh set of pages to fill with dates and appointments. Some we choose and plan, vacations, dinners with friends, family milestones; others include the necessities of living, work and maintaining our abode. Along the way our "pages" or days present us with events not chosen, conflicts, disappointments, aches and pains. They all form the tapestry of our lives and they are all the groundwork of God's loving activity.

If you are like me, you have made some

resolutions for this blank sheet, known as your life. Far too often we undertake overly ambitious tasks. Need I mention them? Do they include, getting fit, cleaning the closets, getting together with friends we haven't seen in two years?

And perhaps some of us desire to be more intentional about our "spiritual lives." Remember, your spiritual life is 24/7, God is never absent and every moment can be graced with the Divine touch. We make it too hard. We can easily be intimidated at the prospect of hours

of Bible study and fashioning eloquent prayers. Those spiritual practices are valuable and nurturing but, there are so many other, very simple ways we can tend to the soul and raise our capacity to receive God's TLC. Here are three simple spiritual practices that can be included in the rhythm of life, every day, all day.

NOTICE

A very basic spiritual practice is to attend to your own life and existence. Our spiritual lives are formed by the small details and experiences of everyday life. Notice the beauty of nature.

Continued...

Inside this issue:

Message from our Priest	2
Church Staff and Vestry Members	3
EChO Stone Soup	4
Stone Soup Ministry Request	į
Vestry Highlights	(
Book Club	8
Calendar	12

Special points of interest:

- Prayer for the Search Committee
- Sunday School Schedule
- Concert at St. John's Cathedral

Keep It Simple, continued

Notice the people you love, take 10 extra seconds to ponder what they are saying to you. Do not live in the pastor the future. God is more present to you in this moment than at any other, enjoy it. Notice also within you, the doubts, areas of sadness or joy. Even pain can alert us to the places in our hearts that need healing.

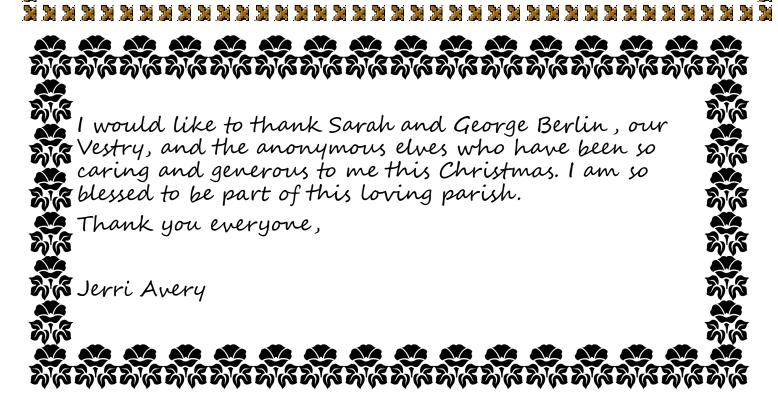
EXPRESS GRATITUDE

Cultivate an attitude of gratefulness. As you notice and savor the little things that come your way each day give thanks to God. Have you noticed that in the Prayers of the People on Sunday there is usually silence when we offer prayers of thanksgiving. I don't think it's because we are ungrateful but our thanksgivings seem small or insignificant. Do not hesitate to recognize that goodness, truth, and beauty are gifts of Divine Love.

BLESS THE THINGS THAT COME YOUR WAY

In every life, events come our way that we would not have chosen; irritations, hurts, accidents, sickness, death, etc. Our immediate reaction it to want to return things to "normal" and have our little universe become stable again. These things are not outside of the zone of God's power and love. Rather than simply wishing to get rid of the disturbance, bless them as a means to see God's hand at work. Pray for their conversion. And in regards to your own inner wounds, bless them, embrace them, and offer them to God as opportunities for transformation.

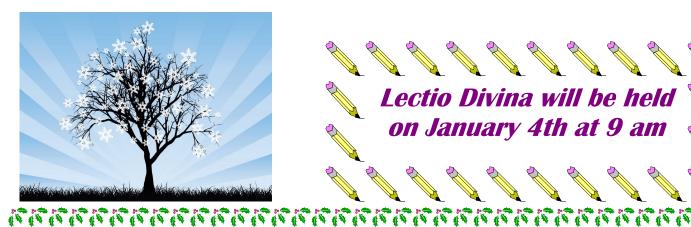
Sarah Berlin



The Bell Tower Legacy Society—Are You A Member?

Anyone who has remembered the Church of the Transfiguration in a will is a member of the society. If you have made a bequest and would like the society to acknowledge it, please call Jerri Avery at the church office—303/674-4904.





Lectio Divina will be held on January 4th at 9 am

DEGREENING OF THE CHURCH SATURDAY AND SUNDAY DECEMBER 4TH AND 5TH



303-674-4904 ext. 11

Parish Administrator—Jerri Avery, 303-674-4904

Organist & Choir Director—Bob Coursen, 303-674-4904

Director of Children's Ministries-Janet Reznik, 303-674-9253

Building & Grounds Administrator—

Ken Schmidt, 303-598-6128

Office Hours

Monday 1-5

Tuesday 10-5

Wednesday 12-7

Thursday 10-5

cotransfig@gmail.com

www.church-transfig.net

www.colorado-weddings.org

2014 Vestry

Co- Senior Wardens: David Black & Randy Reznik

Junior Warden—Stephanie Park

Arwen Berry

Michael Coriden

Mary Hatfield

Treasurer—Ted Terry

Vestry Clerk—Sara Gadeken

Page 3 THE GOOD NEWS





Soup Ministry

Homemade soups in the freezer are available for parishioners and friends that are sick, shut-in or need some TLC. Feel free to give soup to someone you see at church that is hurting, or take soup to someone you are going to visit. The soups are in the freezer on the east wall of the kitchen.

Lemony Chicken and Orzo Soup

- 1 tablespoon olive oil
- 1 medium leek, white and pale-green parts only, halved lengthwise, sliced crosswise 1/2-inch thick
- 1 celery stalk, sliced crosswise 1/2-inch thick
- 12 ounces skinless, boneless chicken thighs
- 6 cups low-sodium chicken broth
- Kosher salt, freshly ground pepper
- 1/2 cup orzo
- 1/4 cup chopped fresh dill

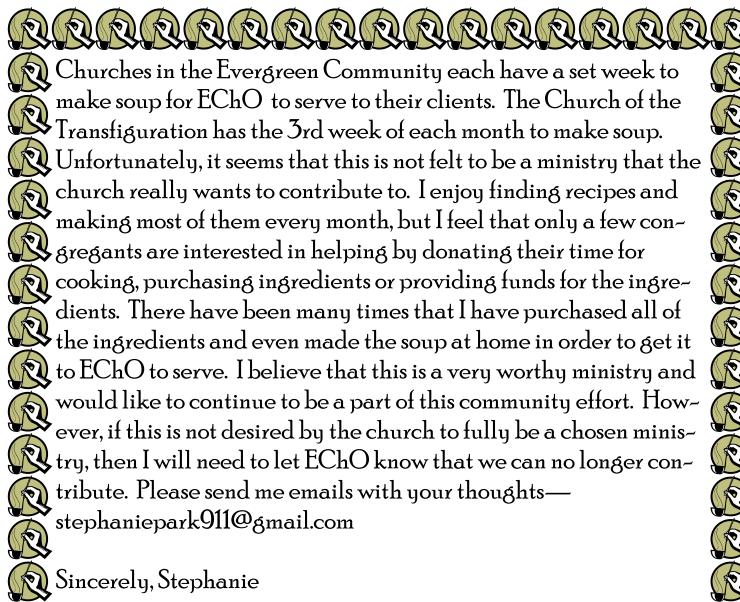
Lemon halves (for serving)

Heat oil in a large heavy pot over medium heat. Add leek and celery and cook, stirring often, until vegetables are soft, 5-8 minutes. Add chicken and broth; season with salt and pepper. Bring to a boil, cover, reduce heat, and simmer until chicken is cooked through, 15-20 minutes. Transfer chicken to a plate. Let cool, then shred chicken into bite-size pieces. Meanwhile, return broth to a boil. Add orzo and cook until al dente, 8-10 minutes. Remove pot from heat. Stir in chicken and dill. Serve with lemon halves for squeezing over.

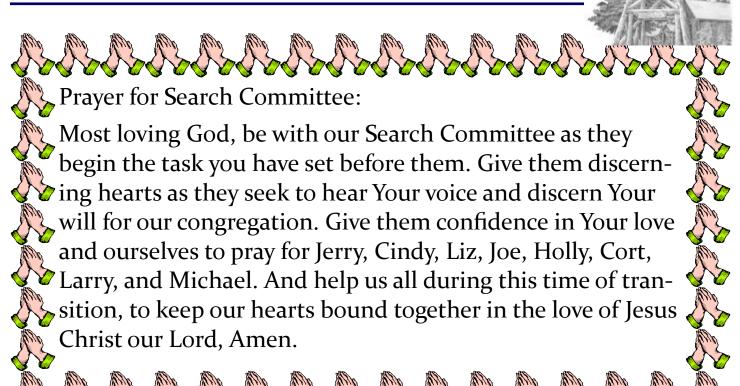
Multiply amounts by 8 for EChO Stone Soup

ECHO STONE SOUP RECIPE for JANUARY 19th





Tuesday, January 14, 12:00 pm - Judith McIntyre, cello - Dagwell Hall at St. John's Cathedral-Cellist Judith McIntyre maintains the position of Third Chair Cello with the Colorado Symphony Orchestra. She has also played at the invitation of Marin Alsop in the Cabrillo Festival in Santa Cruz, California. As a member and principal cellist of the Verbier Festival Orchestra in Switzerland, McIntyre has played in some of the world's greatest concert halls, most recently on tour with Joshua Bell in October 2008. At Verbier she has performed under such renowned conductors as James Levine, Kurt Masur, Christoph von Dohnanyi and Mstislav Rostropovich. She has performed as a soloist with the orchestras of Detroit, Michigan, Windsor, Ontario and University of Toronto as well as with the Colorado Symphony. In Denver she performs regularly with the Front Range Chamber Players, the Colorado Chamber Players, and the Zephyr Ensemble. McIntyre and pianist Hsing-Ay Hsu will perform an all-French program, with works by Debussy, Ravel, Satie, Messiaen, Massenet, and Saint-Saens.



December 2013

- New locks on buildings will be installed and new keys distributed in the new year
- Church parking lot use and Center Stage

ALL PARISHIONERS ARE WELCOME TO SIT IN ON THE OPEN SESSIONS OF THE VESTRY MEETINGS.



Winter Sunday School Schedule The following are the lessons for winter 2014: **December 29** - 10:15 The Mystery of Christmas **January 5** – 10:15 🕺 Please volunteer to help Epiphany / Holy Baptism with Sunday School! **January 12-10:15** Two teachers are need-Holy Baptism – Elise Poole ed for each class, in **January 19** – 10:15 order to be in compli-The Parable of the Good Shepherd ance with Diocesan **January 26** – 10:15 rules! The Parable of the Good Samaritan If you have any **February 2** – 10:15 questions: The Parable of the Great Pearl courtev@evcohs.com **February 9** – 10:15 snyderkit@hotmail.com The Parable of the Sower **February 16** – 10:15 - Kit i di di di di di di di di di The Parable of the Leaven **February 23** – 10:15 - Susan The Parable of the Mustard Seed March 2 - 10:15Parable of Parables March 4 – Shrove Tuesday Party at 5:00

The Transfiguration Book Club

Monday, January 27th from 6:30—9:30 PM in the Church

All are invited to join in on this fun and interesting group—ladies AND gentlemen!

Even if you have never come to any of the meetings before, please come.....and bring friends!

Please bring a snack and drink to share

If you have question or concerns, email Shelley Black—Shelley_Black@att.biz Kit Snyder—snyderkit@hotmail.com

Quarterly book selection to take place at the meeting 2 months prior to the new quarter. Please plan to attend this meeting so that you can recommend your favorite book!

Discussion of each selected book will be led by the person who recommended that book. In the event the discussion leader is not

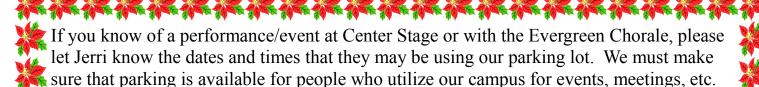
able to attend the meeting, they will provide the discussion questions to a replacement leader of their choice.

The discussion leader will also provide a brief synopsis of the book at least 2 weeks prior to the discussion of that book. The synopsis only needs to contain a few sentences, and can be e-mailed to Shelley for distribution to the group.

Please make sure that the books that you recommend can be easily procured. It is helpful to know if the book is available in the Evergreen library, or on Kindle, as an e-book, etc. Please be prepared to give this information at the time you recommend your books.

Bring your friends! -- we would like to grow our attendance to include others in the Evergreen community.

We will continue our discussion about our format at each of the next two meetings -- please attend so that you can bring your great ideas forward to the group!



Thank you to the Altar Guild, Choir and Flower Guild for all of your hard work during our blessed Christmas Season!!









ACOLYTES, USHERS AND LECTORS



Prayers

Anointing and Healing

Prayers Anointing and healing prayers are offered by Mother Sarah and the Daughters of the King during the 10:15 service on the last Sunday of each month. All are welcome to come to the front of the church after communion for this special offering. This month the prayers will be on January 26th.

Morning Prayer Service

sponsored by the Daughters of the King and in fellowship with EDSE is offered on <u>THURSDAY</u> mornings at 8:30 AM in the church. The Daughters and Friends of the Episcopal Day School extend an invitation to all to attend this wonderful service. Please feel free to walk the Labyrinth after.

Evening Prayer Service

also sponsored by the Daughters of the King is offered on the second and fourth Mondays of each month at 5:30 pm in the Chapel of St. Mary and St. Joseph. The next Evening Prayer services will be January 6th and 20th.

JANUARY 2014 Page 9



Evergreen Christian Outreach

Needs List-January 2014

Small Peanut Butter Toothpaste

Hearty Soups Boxed Pasta

Mac & Cheese Toilet Paper

Spaghetti Sauce Sugar Cold Cereal

Tuna Canned fruit

Laundry Detergent Tooth Brushes Dish

Liquid Soap Helper Meals

Canned Vegetables Bar Soap

Stuffing Mix Instant Potatoes



Other Items for St. Raphael's House

Coffee Makers Telephones

Pots & Pans Mens Jeans

Spoons & Forks King & Queen Bedding

Vacuum Cleaners Blenders, Toasters, Microwaves

Tarps Blankets

Winter Clothes Hats, Gloves, Scarves

Note: No after hours donations accepted due to fire and safety requirements. Thank you for your cooperation and your donations.

Volunteers Always Needed!

Call: 303-670-1796

Open Mondays 10-6

Open Tuesday, Wednesday & Thursday 10-4

JANUARY 2014 Page 10

Celebrate!!!

January Birthdays

Warren Berggren	1/1
Amy Thomas	1/2
Donna Kautzman	1/10
Brian Williams	1/10
Kit Snyder	1/17
Henry James Jackson	1/20
Bob Barker	1/21
Dylan Losche	1/31
Charlie Losche	1/31



January Anniversaries

Warren and Gretchen Berggren

January 11

Emil & Sara Gadeken

January 26

Cort and Patsy Langworthy

January 28

Frank and Ginny Leitz

January 31



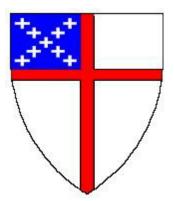


January 2014

SUNDAY	MONDAY	TUESDAY	WEDNES- DAY	THURS- DAY	FRIDAY	SATUR- DAY
Church Douglas Hall St. Mark's Meadow Chapel Stuart Lounge	ETT.	all land	1	2 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	3	4 8 am AA 9 am Lectío Dívína
5 8 am Holy Eucharist 10:15 am Holy Eucharist, Sun- day School	6 9-3 EDSE 6:30 EDSE Board Meeting	7 9-3 EDSE 7 pm Movie Night	8 9-3 EDSE 7:30 pm AA	9 8:30 Morning Prayer 9-3 EDSE 9-11 EChO 7 pm Choir	10	11 8 am AA
12 8 am Holy Eucharist 10:15 am Holy Eucharist, Sun- day School	9-3 EDSE 5:30 pm Even- ing Prayer	9-3 EDSE 4-6 Property Committee 7-9 EChO Board Meeting	9-3 EDSE 9-10 EChO 7:30 pm AA	8-4 EChO Workshop 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	17	18 8 am AA
19 8 am Holy Eucharist 10:15 am Holy Eucharist, Sunday School	20 9-3 FDSE 9-11 EChO 6:30 Vestry	9-3 EDSE 5:30 pm Friend- ship Bridge	22 9-3 EDSE 7:30 pm AA	23 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	24	25 8 am AA
26 8 am Holy Eucharist 10:15 am Holy Eucharist, Sunday School	27 9-3 EDSE 5:30 Evening Prayer 6:30 Book Club	28 9-3 EDSE	29 9-3 EDSE 7:30 pm AA	30 8:30 Morning Prayer 9-3 EDSE 7 pm Choir	31	

THE CHURCH OF THE TRANSFIGURATION

P.O. Box Highway 74 Evergreen, Colorado 80439 303-674-4904



We're on the Web! www.church-transfig.net

Newsletter Submissions

Please contact Stephanie Park with ideas, suggestions and monthly reports for the newsletter. Monthly reports to be submitted **no later** than the 22nd of each month.

stephaniepark911@gmail.com





Have something to add to the newsletter?!?! Please contact Stephanie (see contact information to the left).

Upcoming ideas for pages: recipe exchange, community coupons, trivia and games

ALL IDEAS WELCOME AND ENCOURAGED!!!